

# Relief

FROM DRY MOUTH



. 'GC. '



Since 1921 owards Century of Health



# IMPROVE YOUR QUALITY OF LIFE



#### What is dry mouth?

A dry mouth can occur when your body does not produce enough saliva, which at times can feel unpleasant.

#### What are the causes of dry mouth?

Taking multiple medications at the same time is one of the most common causes of a dry mouth. Radiation therapy, Sjögren's syndrome and mouth breathing during sleep are also linked to dry mouth symptoms. In addition, dry mouth can also be experienced by someone with a chronic disease such as diabetes mellitus, chronic hepatitis C infection, and connective tissue auto-immune diseases such as systemic lupus erythematosus.

### What are the consequences of not producing enough saliva?

Saliva is very important for our wellbeing. Saliva initiates food digestion, controls antimicrobial activity in the mouth, keeps the mouth clean, balances pH, offers lubrication and remineralizes teeth. Therefore, reduced saliva production can generate dental and overall health problems. For example, lack of sufficient saliva promotes tooth decay development and acid erosion.

#### How do I know if I have a dry mouth?

There are a few symptoms which may include feeling of dryness in your mouth, frequently drinking water to keep your mouth moist or waking up during the night thirsty. Patients with dry mouth might experience speaking or swallowing difficulty. A dry mouth can also cause foods to taste different and digestion of food can be impaired as well. A dental professional is the best person to discuss specific issues relating to your oral health. If you are experiencing a dry mouth symptom, please contact your dental professional.



#### What is GC Dry Mouth Gel?

GC Dry Mouth Gel is a clear gel that provides oral comfort and lubrication by moistening and lubricating the mouth, tongue, and throat. It has a pleasant taste and forms a long-lasting layer which protects the delicate oral tissues.

### What are the benefits of using GC Dry Mouth Gel?

GC Dry Mouth Gel is used to provide comfort and relief for dry mouth conditions, to provide a protective coating for teeth and oral tissue, and to help control bad breath.

#### How do you apply it?

GC Dry Mouth Gel is best applied by expressing an amount from the tube onto a clean finger, and then smearing the gel around all surfaces in the mouth including the inner cheeks and lips. GC Dry Mouth Gel can be applied at anytime during the day or night with no limit on the frequency of application. Note that GC Dry Mouth Gel does not interfere with the actions of fluoride products or GC Tooth Mousse<sup>TM</sup> / GC Tooth Mousse<sup>TM</sup> Plus.

#### How long does it last?

Up to four hours of relief from symptoms of dryness can be expected when GC Dry Mouth Gel is used during the day. Applying the gel immediately before bed will help minimise interruptions to sleep from symptoms of oral dryness.

#### Are there any contraindications?

GC Dry Mouth Gel should not be used if a person has a sensitivity or allergy to hydroxybenzoates preservatives or any other listed component of the gel. Avoid contact of GC Dry Mouth Gel with eyes: in case of contact, flush immediately with plenty of water and seek medical attention.



### Can it also be used for denture wearers?

GC Dry Mouth Gel can be used under lower full dentures as a tissue protectant and lubricant. When placed inside an upper full denture, it may replace the cohesive retention effect which is normally gained from saliva. However it does not replace the need for a separate denture fixative. GC Dry Mouth Gel does not stain or damage acrylic, chrome-cobalt or other denture base materials.

#### Why is it available in many flavours?

For someone who needs GC Dry Mouth Gel it's a product that is more likely to be used several times daily. The purpose of different flavours is to provide a variety of pleasant taste alternatives to help keep the mouth feeling fresh and comfortable over time.

# When would you use a combination of GC Dry Mouth Gel and GC Tooth Mousse Plus?

The use of both GC Dry Mouth Gel and GC Tooth Mousse or GC Dry Mouth Gel and GC Tooth Mousse Plus may benefit someone with impaired salivary flow. GC Dry Mouth Gel soothes the symptoms of oral dryness providing lubrication and comfort. GC Tooth Mousse and GC Tooth Mousse Plus provide additional protection to teeth.



# AVAILABLE IN FIVE DELICIOUS FLAVOURS



## ORANGE, FRUIT SALAD, RASPBERRY, LEMON AND MINT

#### Always read and follow the instructions for use

If symptoms persist, talk to your healthcare professional. Avoid use of GC Dry Mouth Gel in patients with known allergies to hydroxybenzoates. Avoid contact with eyes: in case of contact, flush immediately with plenty of water and seek medical attention. Anyone who is taking prescription medications should consult a doctor before using GC Dry Mouth Gel. In rare cases, GC Dry Mouth Gel may cause sensitivity in some people. If any such reactions are experienced, discontinue the use of the product and refer to a physician.

When used in conjunction with GC Tooth Mousse / GC Tooth Mousse Plus: GC Tooth Mousse and GC Tooth Mousse Plus contain CPP-ACP (RECALDENT") which is derived from cow's milk. GC Tooth Mousse Plus also contains hydroxybenzoates and soybean products. Do not use GC Tooth Mousse Plus is contains hydroxybenzoates and soybean products. Do not use GC Tooth Mousse Plus in children by ears of age or less. The overnight home application of GC Tooth Mousse Plus is not recommended for children under the age of 12. Do not swallow GC Tooth Mousse Plus. Do not use GC Tooth Mousse Plus and recommended for children under the age of 12. Do not swallow GC Tooth Mousse Plus both works and seek medical advice of a dentist. In case of an allergic reaction: stop use, rinse mouth with water and seek medical advice.



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